

#### NEW ZEALAND TABLE TENNIS

VETERANS CLUB

NEWSLETTER NO.4

1989

NEW ZEALAND PLAYERS AT THE 6th AUSTRALIAN VETERANS CHAMPIONSHIPS HELD IN ADELAIDE 15 - 21 October, 1989



Ray Rowland, Pat McArthur, Bob Lassen, Janice Stead, Christine Cunningham, Margurette Green, Eddie Millard, John Lelliott, Margaret David, Valley Kwok, Bruce Connolly.

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#### 1989 AUSTRALIAN MASTERS & VETERANS TABLE TENNIS CHAMPIONSHIPS

These two tournaments were held at the Parks Community Centre, Angle Park, Adelaide.

The MASTERS was held on Saturday 14 and Sunday 15 October with Mens and Nomens Singles events for Over 40, 50 and 60 age groups. The following New Zealand players won medals:

Over 40 Men - Bob Lassen - SILVER

Over 40 Women - Christine Cunningham - BRONZE

Over 50 Men - John Lelliott - SILVER John Lelliott - GOLD Over 60 Men -

The VETERANS Championships commenced with a reception evening on Sunday 15 October followed by a Team Managers meeting at which New Zealand was represented by John Lelliott. The meeting recommended to the Australian TTA that from 1990 the Over 60 Teams consist of 3 players and that Over 70 Teams of 2 players be introduced. It was also mentioned that Australia was negotiating to host the 1992 or 1994 Veterans World Championships.

Teams events commenced on Monday morning and went through to 1.00 pm on Wednesday. New Zealand had teams in the Over 40 Mens and Womens and Over 50 and Over 60 Mens events. The Over 40 Womens Team did well to finish 3rd with 4 of their 6 matches very close at 5-4.

#### TEAMS RESULTS:

Over 40 Men - Finished 5th out of 7 teams - Won 2 Lost 4 Bob Lassen Won 11 Lost 7 61% Bruce Connolly " 6 " 12
Eddia Millard " 3 " 15 33% Eddie Millard

Over 40 Women - Finished 3rd out of 7 teams - Won 4 Lost 2 Christine Cunningham Won 10 Lost 2 " 8 " 10 44% Pat McArthur š " \*\* 7 42% Janice Stead " 8 " 4 33% Margureete Green

Over 50 Men - Finished 5th out of 6 teams - Won 1 Lost 4 John Lelliott Won 13 Lost 2 87% Valley Kwok " 3 " 12
Danny Krul " 2 " 13 13% Danny Krul

Over 60 Men - Finished 3rd out of 5 teams - Won 2 Lost 2 John Lelliott Won 5 Lost 1 83% Ray Rowland " 2 " 6
Danny Krul " 0 " 2 25% 0% Danny Krul

INDIVIDUAL events commenced at 1.00 pm on Wednesday and finished on Friday at 10.00 pm. The number of entries in the singles events increased again going up from 230 in 1988 to 240, with 139 men and 101 women an increase of 22 in the women and a decrease of 12 in the men. The competition was again very strong in most age groups and our players did well to win the following medals:

- Bob Lassen - SILVER 0.40 Mens Singles

0.60 Mens Doubles - John Lelliott - GOLD (with F. Molyneux SA)

0.60 Mixed Doubles - John Lelliott - SILVER (with B.Bridson WA)
0.70 Mens Singles - Valley Kwok - SILVER
0.70 Mens Doubles - Valley Kwok & Ray Rowland - GOLD

0.70 Mixed Doubles - Ray Rowland - GOLD (with P.Beard SA)

Overall total - 4 GOLD and 3 SILVER.

The following New Zealand players were ranked in the 1989 Australian Veterans Merit List:

Over 40 Men - No. 6 Bob Lassen

Over 40 Women- 7 Christine Cunningham

Over 50 Men - 3 John Lelliott Over 60 Men - 4 John Lelliott Over 70 Men - 2 Valley Kwok

The Australian were very friendly and made the New Zealand players feel very welcome to the 6th Australian Veterans Championships. The Stadium had a hard floor and with brick and concrete walls it soon got very hot although the temperature never reached the high of 34° we experienced in Melbourne in 1988. With no semaphore board and some events often running behind the scheduled time it was difficult to know when players were next on. A number of Australian players who had been to New Zealand Tournaments remarked what a big advantage it was to have a Semaphore Board system.

The South Australian Association provided regular up to date result sheets for teams and individual events and good catering facilities. The dine and dance Presentation Evening on the Saturday was well attended with a good meal, Band and bar service. With the Masters Tournament proceeding the Veterans there was seven days play with a large number of matches for some of our players which made it a very enjoyable week and made the trip worthwhile.

Well the above concludes the formal report on the trip to Australia now we can get on to the informal side. Unfortunately something went wrong and we didn't get the photographs we had ordered and we were told they would be sent to our individual addresses as soon as they were available. I rang them about mid-November and was told they should be sent within a few days. Today, Monday 4 December, I received all of the New Zealand orders in the mail without a list so I cant send them out. I rang the organiser and have got to ring back late tonight and hopefully will get the list so that I can send them out with this newsletter. If you dont get your order drop me a line and tell me what you ordered - Men, Women, Full Group, size 6x4, 7x5 or 8x6.

I had intended to get this Newsletter out in November but waited so that I could get the Group Photo on the front cover.

Bob Lassen's booking of a 8-seater Mini-bus turned out to be a good idea not only for regular transport to the Stadium but also for the occaisional social use. I nominate Bob as the Driver of the year.

One evening when we had a few hours to spare we had a get-together in one of the Motel Units. It was very quiet until somebody turned up with a well designed plastic apron with a (c)rude topless top. It was soon spotted by somebody running a 21st Birthday Party at the Motel and we were all immediately invited to join them. We accepted the kind invitation and enjoyed the drink and dance evening. I was embarrassed when it was my turn to wear the apron and it was kissed and cuddled by the Manager of the Motel and photographed in the process by the bar lady. If I'm sent a copy I'll put it in the next Newsletter.

One of the highlights of the Championships was the Final of the

Over 70 Mens Singles between Valley Kwok and Stan Wynack of Victoria which got a lot of attention from the spectators. They seemed quite fascinated by Valley's skimpy red 'briefs'



especially the Tournament Referee who ruled they were too short and instructed him to wear proper shorts at the end of the first game. Valley kept his good sense of humour and full of smiles he obeyed instructions and took Stan a lot closer in the second game. I would suggest Valley that next year you work out how to distract the opposition rather than the Tournament Referee.

The dine and dance presentation evening was a bit cramped but very enjoyable. When I flashed the Camera Margurette put her hands up and smiled but Bob looked a bit worried.



# 1990 AUSTRALIAN VETERANS CHAMPIONSHIPS

A number of Veterans have indicated that they are interested in going to Hobart next year. Final details have not yet been received but it seems likely that the starting date will be Sunday 21st or Monday 22nd October finishing on Friday 26th with the Presentation Evening on Saturday 27th. This should fit in well for travel arrangements as there are flights to Hobart via Christchurch on Saturdays and there are return flights on Sundays. I have been advised that we should get in early to book accommodation as there is a major conference on at the same time. In the circumstances would everybody who is interested let me know as soon as possible so that I can make provisional bookings. Also let me know if you prefer single, twin or triple rooms and if you have a preference for a room mate.

#### MEMBERSHIP

Our Newsletter Club list has grown to 71 with more to come but several still owe the \$2 annual subscription. The costs have been covered thanks to the assistance of Mr Brian Nicholas of National Mutual, Lower Hutt (please read detail on front page).

Finally I would like to wish you all a Merry Christmas and a successful and Happy New Year. See you all at Christchurch at Easter. Kind Regards, Yours Sincerely,

John Kelliott (John Lelliott)

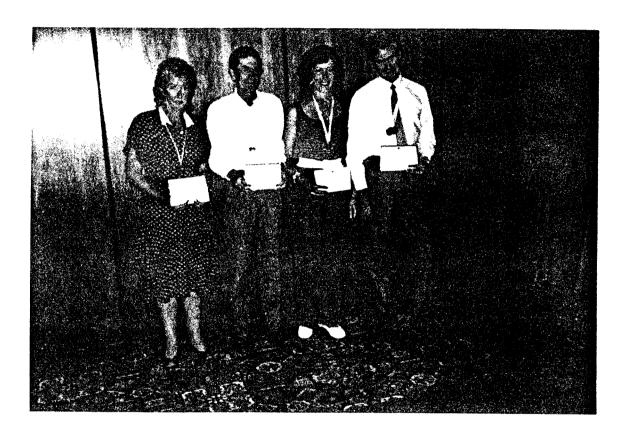


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veterans club
new zealand table tennis
veterans club
newsletter no.5

# MORE INSURANCE FOR YOUR MONEY.

NEW ZEALAND VETERANS CHAMPIONSHIPS HELD AT CHRISTCHURCH

EASTER 1990 - APRIL 13 - 16



AVERIL ROBERTS, LES STEWART, CHRISTINE CUNNINGHAM, BOB LASSEN

A mixture of the old and the new. The old, Christine and Bob beat the new Averil and Les in the final of the Over 40 Mixed Doubles. It was good to see a number of new faces at our 4th New Zealand Veterans Championships.

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Welcome to the 1990 Season to all our members. I was very pleased at the response at the Veterans Championships in Christchurch where there was full support to continue with our Newsletter. Although I didn't have time to approach everybody we still got 17 new members. The subscription for 1990 will remain at \$2.00 for the four Newsletters that will be distributed through the year. This is because of the support we are getting from National Insurance who I strongly recommend, especially for those over fifty, with State Insurance being sold off I'm sure National Insurance will be a better bet.

I must apologise to Harry Dye for the article on the front cover of Newsletter No.3. It appears that Harry hasn't got the full head of hair as was shown on the photograph and he has assured me that he is in fact a true baldy and has covered up with a wig for the past nineteen years. From now on I'll call him Honest Harry but I'm still not sure about the Dye.

#### 4th New Zealand Veterans Championships

Despite a tight schedule the Canterbury Association was well organised and the programme went through on time in most events. Unfortunately the Stadium hadn't been restructured has we had expected and it appears this was because of delays caused by the local Council. However the Canterbury Assn. still seems determined to make some improvements. There was a problem with the Over 40 Mens draw with the top four all in the same half but Ron Menchi, in his capacity as NZTTA Liaison Officer, was very cooperative and his amendments were well received by those involved.

Thelma May was very unfortunate in having a leg injury in the early stages of the individual events, and had to withdraw, which was a pity especially as it was her first year in the Over 60's. Best wishes Thelma for a full recovery before the Nationals and the trip to Australia in October. Ron Jenkins Sports Agency donated the Nittaku 3 Star balls

for the tournament and also had good quality equipment and clothing on sale at discounted prices. Thank you Ron for once again supporting the Veterans.

Full details of the results are attached together with the Canterbury Associations minutes of the annual veterans meeting.

### Major Tournaments

The South Island Championships will be held in Timaru from 15-17 June with entries closing on 22 May.

The North Island Championships will be at Napier from 6-8 July with entries closing on 6 June.

Don't forget that they now both have Singles, Doubles and Mixed Doubles in Over 35's, 45's and 55's plus B and C Grade Open Singles. An opportunity for you all to get plenty of games with good competition.

The Telecom NZ National Championships will be held at the Town and Horticultural Halls, Lower Hutt, from 31 August to 8 September with entries closing on 10 July. The North v South Match is on Tuesday evening 4 September, the Over 40 Teams on 5 and 6 September and Veterans Individual Events on Friday and Saturday 7 and 8 September.

If anybody has any problems with accommodation please let me know what you want and I'm sure I can arrange it for you. The good news is that I've arranged with Air New Zealand for a 25% discount off normal fares but to get it you will need a letter from me confirming that you are taking part in the Tournament.

There will be a Social Evening on Saturday 8 September about three hours after your medals have been hung round your necks by our National Patron, the Governor General, and Sir Paul has presented you with Certificates, Trophies and Prizes. If you need a mixed doubles partner don't rely on David Jackson's computer system for a blind date get a perfect match by contacting people before you enter.

#### 7th Australian Veterans Championships

This event will be held in Hobart but the dates have changed slightly and are now Saturday 20 to Saturday 27 October. This won't affect the travel over as the 20th will only be a reception evening and the flight via Christchurch gets there about noon Australian time. Flights back on 28 and 29 October won't be so simple as they will have to be via other places such as Sydnev and Melbourne.

There doesn't seem to be as much interest this year as I have only got the following names of those attending: Isabel Cleland, Thelma May, Janice Stead, Valley Kwok, John Lelliott, Eddie Millard and Ray Rowland. If anybody else is going and want's accommodation booked please let me know as soon as possible.

#### Mew Zealand Masters Games - 1991

Entry forms are out for the NZ Masters Games. Table Tennis is on from 6-10 February at the Jubilee Stadium, Manganui. Teams events cover Over 35's, 45's and 55's on 6 and 7 February. The individual events on 9 and 10 February cover Mens and Womens Singles and Doubles and Mixed Doubles for Over 35's, 45's and 55's with an addition of Mens and Womens Singles for Over 65's. Full details and entry forms are available from NZ Masters Games, Box 500, Wanganui.

#### NEW ZEALAND VETERANS CHAMPIONSHIPS RESULTS:

A total of 58 teams competed compared with 46 in 1989 Over 40 Men A Grade - Auckland - Bob Lassen, Doug Wong, Harry Dve - Combined - Bill Otene, John Cunningham В - Combined - Albert Biddington, Ron Jenkins C 0.40 Women Α - North Harbour- Christine Cunningham, K. Findlay - Canterbury 2 - Kath Thompson, Ngaire Jenkins В \*\* **0.50** Men - Canterbury 1 - Bert Thompson, John Armstrong Α \*\* - Manawatu 2 - Mike McAvinue, Royden Galloway В \*\* - Canterbury 1 - Janice Stead, Thelma May 0.50 Women Α 11 - Hutt Valley -John Lelliott, Jim Delahunty 0.60 Men Α - Nelson - Stan Stout, Barnes Neumann В - Combined 2 - Doreen Bridson, Doris Lassen 0.60 Women

#### Individual Events:

#### OVER 40 YEARS

Mens Singles Bob Lassen(Ak) Christine Cunningham (NH) Womens Singles Mens Doubles Bruce Connolly/Les Stewart (HV/Cant) Womens Doubles Christine Cunningham/Kaylene Findlay (NH) Mixed Doubles Bob Lassen/Christine Cunningham (AK/NH) Merv Allardyce (HV) Ngaire Garrett (South.) Mens Singles B Grade В Womens Mens C Mike McAvinue (Man) Womens С Mirie McAvinue (Man)

#### OVER 50 YEARS

Mens Singles Womens Singles Mens Doubles Womens Doubles Mixed Doubles

Mens Singles B Grade Womens В

C " Hens 11 С

Womens

John Lelliott (HV)

Pat McArthur (Counties)

Roy Gregory/John Lelliott (Wait/HV) Doreen Bridson/Barbara Dye (OS/Ak) Roy Gregory/Margaret McGregor (Wait)

Ron Menchi (HV)

Isabel Cleland (HV) Stan Stout (Nel) Gladys Halford (Man)

#### OVER 60 YEARS

Mens Singles Womens Singles Mens Doubles Womens Doubles Mixed Doubles Mens Singles B Grade John Lelliott (HV)

Doreen Bridson (OS-West Aust.)

John Lelliott/Roy Gregory (HV/Wait) Doreen Bridson/Mary Miller (OS/Cant)

Roy Gregory/Pat Printy (Wait)

Jim Delahunty (HV) Bruce Hughes (Wang)

#### OVER 70 YEARS

Mens Singles

Valley Kwok (Ak)

#### MERIT LISTS (Announced at the Presentation Evening)

Over 40 Men	Over 40 Women	Over 50 Men
1.Bob Lassen	1.Christine Cunningham	1.John Lelliott
2.Les Stewart	2.Lynley Barker	2.Chip Eade
3.Alan Alabaster	3.Val Beaver	3.John Armstrong
4.John Lelliott	4.Thelma May	4.Doug Wong
5.Doug Wong	5.Margaret McGregor	5.Bert Thompson
6.Barry Butler	6.Pat McArthur	6.Roy Gregory
7.Bruce Connolly	7.Kath Thompson	7.Lionel Wells
8.Chip Eade	8.Val Scarr	8.Harry Dye
		9.Bill Otene
10.Peter Bennett	10.Kaylene Findlay	10.Ron Menchi
Over 50 Women	Over 60 Men	Over 60 Women
Over 50 Women  1.Pat McArthur	·····	Over 60 Women  1.Doreen Bridson
<del></del>	1.John Lelliott	
1.Pat McArthur 2.Margaret McGrego	1.John Lelliott	1.Doreen Bridson
1.Pat McArthur 2.Margaret McGrego	1.John Lelliott or 2.Roy Gregory 3.Lionel Wells	1.Doreen Bridson 2.Isabel Cleland
1.Pat McArthur 2.Margaret McGrego 3.Thelma May 4.Doreen Bridson 5.Janice Stead	1.John Lelliott or 2.Roy Gregory 3.Lionel Wells 4.Valley Kwok 5.Jim Delahunty	1.Doreen Bridson 2.Isabel Cleland 3.Pat Printy
1.Pat McArthur 2.Margaret McGrego 3.Thelma May 4.Doreen Bridson	1.John Lelliott or 2.Roy Gregory 3.Lionel Wells 4.Valley Kwok 5.Jim Delahunty	1.Doreen Bridson 2.Isabel Cleland 3.Pat Printy 4.Doris Lassen
1.Pat McArthur 2.Margaret McGrego 3.Thelma May 4.Doreen Bridson 5.Janice Stead 6.Isabel Cleland 7.Barbara Dye	1.John Lelliott or 2.Roy Gregory 3.Lionel Wells 4.Valley Kwok 5.Jim Delahunty 6.Danny Krul 7.Bruce Hughes	1.Doreen Bridson 2.Isabel Cleland 3.Pat Printy 4.Doris Lassen
1.Pat McArthur 2.Margaret McGrego 3.Thelma May 4.Doreen Bridson 5.Janice Stead 6.Isabel Cleland 7.Barbara Dye 8.Mirie McAvinue	1.John Lelliott or 2.Roy Gregory 3.Lionel Wells 4.Valley Kwok 5.Jim Delahunty 6.Danny Krul 7.Bruce Hughes 8.H.Taylor	1.Doreen Bridson 2.Isabel Cleland 3.Pat Printy 4.Doris Lassen 5.Mary Miller  Over 70 Men 1.Valley Kwok
1.Pat McArthur 2.Margaret McGrego 3.Thelma May 4.Doreen Bridson 5.Janice Stead 6.Isabel Cleland 7.Barbara Dye 8.Mirie McAvinue 9.Gladys Halford	1.John Lelliott or 2.Roy Gregory 3.Lionel Wells 4.Valley Kwok 5.Jim Delahunty 6.Danny Krul 7.Bruce Hughes	1.Doreen Bridson 2.Isabel Cleland 3.Pat Printy 4.Doris Lassen 5.Mary Miller Over 70 Men

Well that is all the information I've got for this edition if anybody has anything they would like in the next one please let me know by mid-July.

Kind Regards, Yours Sincerely

John Lelliott 95 Witako Street, Lower Hutt. Phone (04) 672-123.





# Canterbury Table Tennis Association

(Incorporated)

4th NZ VETERAN . CHAMPIONSHIPS 13 - 16 April, 1990

MINUTES OF AN INFORMAL MEETING HELD IN THE CANTERBURY TABLE TENNIS HEADQUARTERS, SELWYN ST, CHRISTCHURCH, on 15 April, 1990.

PRESENT T.R.D.Flint (Chairman) and 30 Veteran participants.

APOLOGY C.Roden (Australia)

The chairman reminded those present that this was an opportunity to discuss matters of mutual concern, but was an informal meeting and any recommendations made, would have to be taken back to NZTTA through delegates for ratification if further action was in order.

- 1. Mr C.Roden (through proxy) recommended that the NZTTA dealt with the <u>Australian State Associations</u> rather than with the Australian T.T.Assn due to a lack of communication regarding these Championships.
- 2. Veteran Newsletter: Mr J.Lelliott introduced the topic.

Views for and against its continuation in its present form as a separate communication restricted to items of interest to Veteran players as against the mainstreamed Table Tennis public, were expressed.

Moved B.Lassen and seconded J.Jarmin, "That the Veteran Newsletter be continued for 1990." Carried.

3. Age Groups: Topic introduced by Mr C.Eade.

Concern was expressed at the small number of entries being received for the 0.70 age group. If competitors could enter in an additional group(eg Over 65 years) there would be more incentive to travel.

4. Venue : Topic introduced by Mr J.Lelliott.

Recommendations from this meeting were :

"that the venue for the Veteran Championships be decided at the Veteran Meeting and not at the NZTTA AGM."

"that it be stated on the entry form if the hall used had a concrete floor."

Southland and Hutt Valley stated intentions to apply to hold the 1992 Championships.

1991 venue is Hamilton.

- 5. Easter scheduling was favoured by those present, but may not reflect preference of other Veterans.
- ·6. Waitemata recommended that Association running these Championships restrict their activities to the Veteran event.
- 7. Mr J.Williams recommended that a Lunch and Tea Break be scheduled.
- 8. Clarification was sought as to rights of a Combined Team.
  An entered Combined Team is eliqible to win the event.

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NEW ZEALAND TABLE TENNIS

VETERANS CLUB

NEWSLETTER NO. 6

JULY 1990

# MORE INSURANCE FOR YOUR MONEY.

MANACATU VETERANS TABLE TENNIS CLUB



Manawatu has followed a trend which is growing in other sports and late last year called a meeting of veterans and voted unanimously to form a Veterans Table Tennis Club affiliated to the Manawatu Association. They already have 30 members with like McAvinue the Chairman and Danny Krul the Secretary/Treasurer. The photograph is of ten of their members who attended the New Zealand Veterans Championships in Christchurch. They not only get together to play the game but also to socialise. Well done Manawatu, what about moving up to 50 members and having 20 at the Veterans Championships at Hamilton in 1991.

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#### MIKE HCAVINUE GETS A WIN

Mike's dreams came true last month when he was advised that he had qualified for the International Umpires Badge. Having been an active Umpire for many years, with a New Zealand Badge since 1966, he fully deserves this recognition of his Umpiring skills. He has a long standing reputation as one of the few Umpires who fully enforce the rules and hopefully will now have the opportunity to do the same at the World Championships in Japan next year.

Congratulations Mike not only for winning the International Badge but also for having the courage to enforce the rules.



#### WAITEMATA GETS A LOSS

Waitemata veteran Pat Printy, who won the Over 60 Mixed Doubles at the New Zealand Veterans Championships in Christchurch, has gone overseas. Rumours have it that she has gone back to her place of birth in Scotland. We can't afford to lose players from this age group but I'm sure that Waitemata will find a replacement as they compete with Manawatu for the largest number of veteran players in New Zealand.

#### NATIONAL CHAMPIONSHIPS

Just a reminder that the venue is the Town and Horticultural Halls, Lower Hutt. The North v South Match is on Tuesday 4th September, the Over 40 Teams on 5th and 6th September and the Senior Age Group Events on Friday and Saturday 7th and 8th. The Social will be held on Saturday Evening at the Petone Workingmens Club at \$15 a ticket which includes supper and a first class band. If anybody is still looking for accommodation let me know if you have any problems and don't forget the 25% discount off normal fares you can get from Air New Zealand, all you need is a letter from me confirming you are a participant.

# 7th AUSTRALIAN VETERANS CHAMPIONSHIPS

Since the last Newsletter Danny Krul and Pat Doyle have added their names to the list of those going to Hobart and there is still time for any of you to add your names to the list. If you wish to go let me know as soon as possible so that I can arrange accommodation for you. The total number going is 9 with 3 women and 6 men which should give us 3 teams. I'm sure we'll have a lot more next year with it being held in Brisbane, I've already heard of a few who want to spend some time on the beach at Surfers.

#### AUSTRALIAN UNDER 15/17 CHAMPIONSHIPS

A little out of our age range but I'm sure you will be pleased to know that our Girls in particular were very successful. The Under 17 Girls won the Teams Event and the Under 15 Girls were second. The outstanding result was Tracey Epps winning the Under 17 Girls Singles and Barbara Dickey and Melanie Low won the Under 17 Girls Doubles.

#### RESULTS FROM WORTH AND SOUTH ISLAND CHAMPIONSHIPS

Entries in the Senior Age Group Events were not as many as expected with most Over 55 Events having to be cancelled because of a lack of entries. However, no doubt you will be interested in the following list of winners.

#### South Island

- Over 35 Mens Singles: Les Stewart(Cant)
  - " Homens Singles: Kath Thompson(Cant)
  - " Hens Doubles: Les Stewart/Kevin Fogarty(Cant/Otago)
  - " Jomens Doubles: Lynley Barker/Kath Thompson(Cant)
  - " Mixed Doubles: Les Stewart/Lynley Barker(Cant)
- Over 45 Mens Singles: John Lelliott(HV)
  - " Womens Singles: Kath Thompson(Cant)
  - " Mens Doubles: John Lelliott/Bert Thompson(MV/Cant)
  - Womens Doubles: Ngaire Garrett/Kath Thompson(South/Cant)
  - " Mixed Doubles: John Lelliott/Kath Thompson(HV/Cant)
- Over 55 Mens Singles: John Lelliott (HV)

#### North Island

- Over 35 Mens Singles: Geof. Rau(CT)
  - " Womens Singles: Christine Cunningham(NH)
    - Mens Doubles: David Chow/Terry Murphy(HV)
    - " Womens Doubles: Christine Cunningham/Pat McArthur(NH/CT)
      - Mixed Doubles: Barry Wynks/Sue Shirriffs(Man)
- Over 45 Mens Singles: Peter Root(NH)
  - Womens Singles: Christine Cunningham(NH)
  - " Mens Doubles: Robert Dunn/Doug Wong(Auck)
  - " Womens Doubles: Christine Cunningham/PatMcArthur(NG/CT)
    - Mixed Doubles: Doug Wong/Pat McArthur(Auck/CT)
- Over 55 Mens Singles: John Lelliott(HV)
- " Mens Doubles: John Lelliott/Roy Gregory(HV/Wait)

Congratulations to all the Winners this year they all received Gold Medals both at the North's and South's.

#### Table Tennis and Good Health

Those of you who haven't seen it will be pleased to know that the Consumer Health Magasine has listed Table Tennis as one of the best ways of controlling Arthritis. Please pass this information on to all your friends as one in three end up with Arthritis so it's important information.



#### Membership

# Beat Arthritis with a Ping-Pong ball!

We have had 19 new members this year and thanks to the support of National Insurance the subscription has been kept at 71. It would be appreciated if the few members who haven't paid would let me have it in the near future. If any of you have any information or wish to raise anything of interest please let me have it by early September for the next issue.

Kind Regards, Yours Sincerely,

John Kelliott

John Lelliott 95 Witako Street, Lower Hutt. Phone (04) 672-123.

